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2010 New Year Resolution Weight Loss Package

To help you start the New Year off right, I have put together a special offer that will help you stick to the commitments you made to yourself for 2010.

12 Month Package:

- Day 1 – Initial Appointment (45 minutes)
- 1 Month Later – follow-up appointment (30 minutes)
- 1.5 Months Later – follow-up appointment (30 minutes)
- 1.5 Months Later – follow-up appointment (30 minutes)
- 2 Months Later – follow-up appointment (15 minutes)
- 2 Months Later – follow-up appointment (15 minutes)
- 2 Months Later – follow-up appointment (15 minutes)
- 2 Months Later – follow-up appointment (15 minutes)

Note: The spacing of the appointments can be modified.



This package is available for you or can be given as a gift for a loved one. Other packages can be tailored to your individual needs. If you are a PersonalMDs patient, ask me about how this program can be added to your current PMD program.

All 12 months of nutrition counseling for **\$648**

*Package price reflects a 10% discount.



If you have questions, you can call me at **978-337-1059** or send me an email at marc@eatbalancednutrition.com. I look forward to helping you reach your goals!